McFarlin Memorial United Methodist Church Resource List **– 10/20/21**

**General Help and Community Resources**: **Call 211** or **Text: 211OK** to **898211** or Go to: **www.211oklahomahelpline.org/**

*For more information on Food pantries outside of Norman, go to: http://www.foodpantries.org/ci/ok-moore*

**For general info go to Facebook: FB@NormanCommunityRelief To apply for SNAP benefits (food stamps) Call 487- 5483**

**Norman Food Pantries Address Times and Requirements/Limits Contact**

Aging Services 1179 East Main M-F: 8:30-5, Non perishables for 60+, Check out: www.agingservicesok.com 321-3200

Alameda Baptist Church 1503 Alameda Open T/Th 10-12 by appt only. Call & leave message before 8am T/TH Norman/Noble Res. w ID (3x) 329-5157

Alameda Church of Christ 801 E Alameda Wed. 10-12:00, Photo ID, 4th Thurs: 5:30-7:30, 2nd Sat: 9-12 Res. in McClain/Clev Co 321-0788 Crosspointe Church 2601 SE 24th 1st-4th Fridays (no 5th Friday) 9-11:30 Pic. ID required, limit every 60 days 329-0823

FBC of Norman 211 W Comanche Food bags per request during office hours M-F (8-12, 1:30-5) Push intercom button 321-1753

**Food and Shelter, Inc. 201 Reed M-Sat. Breakfast @ 8, lunch @ 11, Sun lunch @ 12 Pantry Hrs: Tues-Sat. 1-3:30. 360-4954**

Goodrich UMC Care Closet 200 W. Hayes 3rd Thurs. 11:00 - 12:00 hygiene/paper items Norman residents, ID required 321-0975

LifeSpring Church 600 W. Tecumseh 1st Sat. 10:00-11:00am, Picture ID required For info, go to www.lifespringnorman.com

**McFarlin UMC Pantry** 419 S University **T & Th: 10- 4:00** 14 day limit, Pic ID & Proof of Res. in Norman/Noble/Little Axe 321-3484

**McFarlin Tues. Together** 419 S University 2nd Tues 6-7:00 Free community meal - (Pastoral care T,W,Th 2-4) 321-3484

Meals on Wheels 528 E Main M-Th 7:30- 3:30, F: 7:30-2:00 Must be over **62**, disabled or doctor referral 321-7272

Mission Norman 2525 E. Lindsey MTW: 10-11 & 12-2, Th: 2-5:00pm, F:10-12 NO ID required (30 day limit) 321-8880

NormanAdventist.com 1818 E. Alameda 3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland and McClain Co. Res. 250-3589

Pantry Partners (Contact School counselor or PantryPartnersNorman@gmail.com Assisting Norman High School students with food/resources txt 833-3671

Salvation Army Meals 318 E Hayes Dinner 5-6 Hot meals – 7 days a weekleona.chapman@uss.salvationarmy.org 364-9910

Salvation Army Food Pantry 1124 N. Porter T/Th. 1-3, ID/Proof of Residence and Income, Cleveland Co. Residents only, 30 day limit364-9910

Trinity Baptist Church 801 N Peters Temporarily closed until further notice. trinitynorman.org . 321-2000

Univ. of Oklahoma 1113 Elm Ave Go to ou.edu/foodpantry for current dates/hours. Student or OU Employee ID card required

**Food Pantries in South and East of Norman:**

First Baptist of Noble 330 E Chestnut M 1:30-3:00 Pic ID/Proof of Res. HW77 East -96th, Post Oak S to Slaughterville Rd 1x mos. 872-3529

First Baptist of Lexington 900 E. Broadway T-TH (10-4:00) by appointment only. Driver License, (1x 90 days), Call first. 527-6758

First Methodist of Lexington 631 E. Ash, Lex 3rd Saturday, 12-4:00 Area residents may shop for food items (David: worker.cook@gmail.com) 527-3506

First State Bank – Noble 102 N. Main M-F 9-5, Sat. 9-12 1x limit 6 months, Fill out questionnaire 872-3434

Hilltop Baptist- East Norman 11710 E Stella Rd M and Th 9:30-12, 2nd Sat. 9-11 Photo ID required (within 12 mile radius) every 30 days 794-0603

Lakeview Baptist Church 10510 E. Alameda Thursdays 10-11:30, Call for Info 366-8611

Little Axe Community Center 1000 168 Ave NE Mondays 9-5 For residents in Little Axe School Dist. 292-9770

Noble Senior Center 600 E. Maguire Road Drive through congregate lunch pick-up M-F 11:30-12:30 for registered seniors 60+ 872-5921

Noble Cupboard 115 N. 2nd St. 24/7 Self-serve pantry located in front of Noble Police Station

12 Corners Baptist Church 156th/Etowah Road Call for info. ID required: Noble and surrounding area residents only 312-1442

Slaughterville Baptist Church 10101 60th St. Lexington 2nd Sat. 9-12 pic ID requ. proof of Residence www.svillebc.com 872-5576

**Food Pantries in Moore**:

Food Resource Center 2635 N. Shields Blvd M:12:30-5:30, W-F 10-3, 3rd Sat 9:30-11:30 S Okc, 73160,73165, 73170 Photo ID, Curbside -Call 1st 600-3182

First Baptist of Moore 301 NE 27th /I-35 Mon. 10-1, 5:30-7:00 Moore School District only Pic ID and utility bill required, 1x mo. 793-2600

Fresh Start Comm. Church 309 N. Eastern 3rd Thurs. 5-6 Residents of Moore Pic ID required freshstartok.com 794-7313

Highland Baptist (Moore) 2425 SE 4th 9-12 Tues. and Thurs. Call first 60 days limit Proof of Res. and Pic. ID required 794-5432

Regencypark.church 2001 N. Janeway Wed. 10-4 Zips: 73160 or 73139 Proof of res. photo ID and SS Card 6x a yr. 794-3507

St. Andrews Catholic 800 NW 5th Moore T/F 10-noon, closed 2nd Tues. utility bill photo ID (30 days) Moore School dist. only 799-3334

 *For updates, Contact Mary Sallee (****mksallee@icloud.com****)*

**CHILDREN (and MOTHERS)**

Center for Children/Families 210 S. Cockrel Diaper closet: M-F 8-5:00 (limit every 2 wks) Bringing Up Bab*y* program for child develop, breastfeeding, etc.

(CCFI) Boys and Girls Club **ccfinorman.org** After school enrichment, serving NPS students ages 6 and up, **M-F: 7-5:30** during COVID **364-1420**

**Cleveland Co. Health Dept.** 250 12th Ave NE M-Th 8-4, F: 8-11 All services/immunizations (COVID, STD, head lice, dental, car seat by appt. only

 https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html **321-4048**

 Sooner Start (Birth-3) Early intervention for developmental delays, Children First (First time moms, referrals must contact before 29 weeks – assigned a nurse)

 Child Guidance Program (Birth-12) Behavioral health, child development, hearing, speech-language pathology (screenings and treatments)

 WIC (Women, Infants and Children) Nutritional programs for young families and more

Crossroads Youth & Fam Center 1650 Tecumseh, Ste 500 Counseling, Emergency Youth Shelter **Crossroadsyfs.org** 321-0240

**Headstart**program.us/city/ok-norman 1333 W Main 6-week to 4 year school readiness program, daycare for special needs 292-6440

Infant Crisis Center of OKC 4224 N. Lincoln Blvd For **Baby Mobile** info/schedule to Norman, go to: [infantcrisis.org/get-help/babymobile/](https://www.infantcrisis.org/get-help/babymobile/) 528-3663

Kaleidoscope Grief Support Free support for children and families grieving the death of a loved one. For more info, call 306-0052

Loveworksleadership.org After school leadership program for ages 11-14 to develop character and inspire young entrepreneurs

Operation School Bell Provides new clothes/shoes for students K-12 in NPS & Little Axe Schools Contact school counselor.

Variety Care 1237 Alameda Care for uninsured/under insured women/children, nutritionist on Fridays. 632-6688

Variety Care Full Service Dental Care Free transport from Norman to OKC [varietycare.org/full-service-dental-for-children---adults.html](http://varietycare.org/full-service-dental-for-children---adults.html)

**CLOTHING**

Church of Christ in **Noble** 111 N. Main Please call to make an appointment. (clothes, bedding, shoes, etc.) 872-3140

Crosspointe Church 2601 SE 24th 1st-4th (no 5th) Friday 9-11, Picture ID required, 60 day limit 329-0823

First Baptist of Norman 211 W Comanche Available upon request during office hrs. (Clev. Co. Res. only) ID required 321-1753

First Presbyterian Thrift Shop 402 Toberman Closed in Jan. Every Thurs. 9-4 minimum cost 321-0933

Nu N Nuf Thrift @ NRH 602 N Findlay Mon, Wed. 9-3- Inexpensive baby items, clothing, shoes, misc. (Closing soon-call first) 321-3089

Normanadventist.com 1818 E. Alameda 3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland Co. (3x yr limit) 366-7772

Outreach Thrift 621 12th Ave NE Partners with churches/agencies to give free clothing assistanceM-S 9-7, Sun. 11-6 928-2072

Operation School Bell (See under **CHILDREN** above)

regencypark.church 2001 N. Janeway 10-4 Wed. Zips: 73160 or 73139 Proof of residence, photo ID and SS Card required 794-3507

Salvation Army 1124 N. Porter Clothing for homeless anytime, proof of homelessness, ID and income 364-9910

St Joseph’s Catholic Thrift Store 211 N. Porter Wednesdays 9-3, minimal cost (free if can’t afford – No ID required) 1x month 701-3693

**MENTAL HEALTH**

Child and Family, COCMHC 1120 E. Main Outpatient service, McClain/Clev. Co. Parent's I.D. & birth certificate requ. Admissions: 573-3842

Community Works cworksok.com 805 E. Robinson A behavioral health/addiction agency providing outpatient counseling 447-4499

County Health Dept. (meaganw@health.ok.gov) Short-term mental health support and community resources navigation 579-2292

Depression and Bipolar Support www.dbsaok.org Support group meets at McFarlin on Thurs @ 7:00 Rm 229 Call first: Diane: 503-1948

Green Shoe Trauma greenshoe.org 5-day retreats for adults with co-dependency from childhood trauma

Griffin Memorial Hospital 320 12 Ave NE Children’s Recovery Center and Psychiatric Care (In and outpatient) Admissions: 573-3842

Griffin Memorial Hospital 900 East Main Adult psychiatric In- and Out patient care Admissions: 573-6623

National Association on Mental Illness (NAMI) For more info, contact: **naminormanok@gmail.com** 408-0984

**OK Dept. of Mental Health/Substance Abuse Services**: **ok.gov/odmhsas/** Reachout Hotline **800-522-9054** Gambling:1**-800-522-4700**

Red Rock Behav. Health Services 900 E. Main, Bldg 52 **Red-rock.com** Psychiatric Crisis Center (suicide, homicidal) 424-7711

Thunderbird Clubhouse 1251 Triad Village Dr Clubhouse for adults recovering from mental illness (Referral required) 321-7331

Transition House thouse.org 700 Asp Ave. #2 Transitional living program for adults with mental illness. 360-7926

The Virtue Center (M-Th 8-6:30, Fr 8-12)215 W. Linn Counseling/recovery services for substance abuse, compulsive gambling mental health issues 321-0022

page 2

**MEDICAL** *Also see under* ***CHILDREN***

Central OK Community Action (Moore) **cocaa.org** Eye glasses and prescriptions for under insured. (RX Okla) As available 701-2170

County Health Dept. 250 12th Ave NE M-Th 8-4, F: 8-11, TB tests, Immunizations, All services by appointment only 321-4048

Etowah Baptist Church 18901 E. Etowah Rd Noble Pharmacy open the last Tues of the month 6-7:00 Call, leave message 899-7378

JD McCarty Center for Children 2002 E. Robinson **www.jdmc.org** Therapy and medical care for children with developmental disabilities 307 2800

Mission Norman 2525 E. Lindsay Up to $25 on non-narcotics, Will call pharmacy to verify prescription 1x a yr limit 321-8880

Fresh Start Community Church 309 N. Eastern Celebrate Recovery 12-step program, Call for more info. 794-7313

The Virtue Center 215 W. Linn Outpatient counseling for drug addition, gambling and substance abuse, M-Th 9-5 321-0022

*OK Mission of Mercy* Free Dental Clinic **Note: March 2021** **Clinic cancelled.** For current info, okdf.org/resources/free-low-cost-clinics

Slaughterville Baptist Church 10101 60th St Lexington Medical appointment ID requ, 2nd Sat. 7-11, first come -come serve Call for info 872-5576

Variety Care Fam. Medicine 317 E. Himes M-F, 8:30-5 Health and prescription assistance for adults and seniors. 632-6688

Primary Medical (and Dental Care in Okc) Accepts SoonerCare, Medicare & self pay (sliding scale based on income) Varietycare.org

**RENT and UTILITY and FINANCIAL ASSISTANCE**

Alameda Church of Christ (utilities) 801 E Alameda Call Mondays @ 8:00 am for appointment on Wed. 1x a yr (3x max) 321-0788

Catholic Charities (financial assistance) Offers financial assistance to 1st 8 callers @ 8:00 am Monday morning 405-523-3000

Central OK Comm. Action **cocaa.org** 1183 E Main Bldg F Rental and Utility (RX Okla) As available Call and leave message 701-2170

Food and Shelter for Friends (rent) 201 Reed Call for info/availability, proof of income and eviction notice required 360-4954

Lifespring Church (rent/utilities) 600 W. Tecumseh 1st Sat. 10-11, assistance with past due rent/cut-off notice, Pic ID requ. lifespringnorman.com

McFarlin Methodist (utilities) 419 S University Gas/water/elec only docum. required Nor/Noble/Little Axe Thurs@ 9:30 Fenn Hall 321-3484

Mission Norman (utilities or rent) 2525 E. Lindsey MTW10-2 closed 11-12, TH: 2-5:00, F 10-12 (will pay last $25 of bill) 1x yr 321-8880

Salvation Army (rent/utilities) 1124 N. Porter 1st Tuesday of month Call @ 9:30, 1x per year limit (3x lifetime limit) 364-9910

Slaughterville Baptist Church 10101 60th in Lexington Helping Hands Ministry. Call for availability 872-5576

St. Andrew’s Catholic (utility/other) Moore school district only, Call and leave message 799-3334

St. Joseph’s Catholic (rent/utility) Norman/Noble area Call for appointment. 1x a year limit 701-3693

St. Thomas More (rent, utilities) Call for Appt. Norman/Noble residents, ID/proof of residence 1x year limit 329-5372

St. Mark’s Evangelist Catholic Norman/Noble/Blanchard zip codes, Call and leave a message 366-8070

Our Lady of Victory (rent/utilities) For Purcell/Lexington area, Call and leave a message 405-595-1087

Women's Sanctuary Development Center 425 E. Tonhawa Financial help to homeless families, IDs and birth certificates, GEDs 701-8293

**GENERAL ASSISTANCE in Cleveland County Employment:** Oklahoma Works program …. Go to: **Okjobmatch.com 405-3234-5000**

ABLE okable.org 300 N. Crawford Provides group homes/employment for people with develop. disabilities M-F 8-4 329-3922

Amongfriends.net FB@AmongFriendsOK 1185 E Main Activity Center (social interaction) for adults with additional needs and disabilities 701-2121

Baby Steps stephaniet@crossroadsyfs.com 941 Nebraska Provides childcare, counseling/parent classes for teen parents at NPS, **car seats** 360-2717

Bethesdaok.org 1181 E. Main M-F 8:00-5:00 psychotherapeutic counseling/treatment for sexually abused children 364-0333

Big Brothers Big Sisters bbbsok.org 502 E. Main 8:30-5:00, M-F, Children ages 6-17 matched with mentor 364-3722

Birth Choice in Norman 457 West Gray M-TH 10-4, Friday 10-2 1-800-848-LOVE willowpregnancy.org 360-9555

Southcentralcasa.org 1167 E. Main 2nd floor Court-appointed advocates for abused/neglected children in court system 360-5295

Center for Children and Families 210 S. Cockrel Diaper Closet M-F 8-5, call for availability. Parenting classes, counseling services 364-1420

(CCFI) ccfinorman.org Boys and Girls Clubs, teenage and new parent classes, divorcing/co-parent services 364-1420

Central OK Community Action Agency cocaa.org Assistance toward eye care, dental, prescription, rent/utility when available. 701-2170

Comm. After School Program caspinc.org 1023 N. Flood Tuition based for children with working parents, some scholarships available 366-5970

Compassionate Friends 1177 E Main Self-help org that helps people with grief after death of a (grand) child or sibling 630-7546

 page 3 *continued....*

DHS okdhslive.org To report abuse and neglect: State Hotline: 1-800-522-3511

CC DHS (Norman Office) 631 E Robinson To apply for **SNAP benefits**, call 487- 5483 Daycare Medicaid temp assistance, 573-8300

Full Circle fullcircleok.org 4223 28th Ave NW Adult Day Services – Open M-F, 7:30-5:30 and 2nd Sat of the month: 8-4 447-2955

Habitat for Humanity Restore 1100 W. Main Buy new and used bldg supplies/furniture/appliances at a discounted price 360-7868

**Human Trafficking Crisis Hotline thedragonflyhome.org Resources for victims, OK Bureau Narc. 855-617-2288 or 24 hr toll-free hotline: 855-674-4767**

ID Assistance McFarlin U.M.C. 419 S. University Call on Tues. and Thursdays (between 2-4) for help with obtaining I.D.s/bus passes 321-3484

OU Legal Clinic 300 Timberdell Rd 8-5 M-F, Assistance (as available) for low-inc. Cleveland/McClain Co. residents 325-3702

Mary Abbott Children’s House 231 E. Symmes Offers coordinated investigation and intervention services to child abuse victims 579-5800

PFLAG (Parents, Families and Friends of Lesbians and Gays) Provides support/advocacy. Meeting via Zoom (See their Facebook Page) 2nd Thurs @ 7 360-4497

Planned Parenthood plannedpaenthood.org 2100B W. Lindsay Pregnancy testing, HIV testing and counseling, contraceptive services 360-1556

Progressive Independence 121 N. Porter M-F 830-5 info/referral/peer counseling/skills training and advocacy for the disabled 321-3203

RAIN Oklahoma 5001 N. Penn Ste 100 OKC Free HIV Testing Advantage Services, Case Management 8:30-4:30, M-F 232-2437

Second Chance Animal Sanctuary A nonprofit sanctuary for stray/abandoned or abused cats and dogs. www.secondchancenorman.org 321-1915

Social Security 200 NE 27th Moore, OK ssofficelocations.org/oklahoma/clevelend-county/ 1-866-964-4261 or 1-800-772-1213

**SENIORS and VETERANS** For up-to-date senior services, go to: **www.unitedwaynorman.org/help See "Senior Resource Guide"**

Aging Services office:1179 E Main 329 S. Peters Respite program, light housekeeping and congregate meals (Donations accepted) 321-3200

Cleveland Co. Health Dept. 250 12th Ave NE Call to speak with the Veteran Coordinator 321-4048

Veteran Corner (in Newcastle on HW 9) 3805 SE 44th St. Currently closed due to COVID www.facebook.com/VeteransCornerInc For info, call: 387-5070 EnvisionSuccessOK.org 1151 E. Main Bldg G T-F, 10-5 Equipping veterans:counseling, job placement resume´ skills, Cont. Ed 701-2015

purplehearthomesusa.org (No Purple Heart requ.) Provides home repairs for Service Connected, Disabled and Aging Veterans 704-838-4044

Services to **Armed Forces**: American Red Cross Hero Care Network assistance for financial emergencies, reintegration, counseling 877-272-7337

**TRANSITION HOUSING and SHELTER**

Bridges bridgesnorman.org 1670 Stubbeman Ave Provides qualifying H.S. students with access to housing/basic services so they can graduate 579-9280

Emergency Homeless Shelter 325 E Comanche No ID needed, 1 bag limit, Adults Only, Check-in @ 7pm Check-out 7am 229-8528

Food and Shelter for Friends 201 Reed Call for Info: Monday - Friday 9-5, 360-4954

Habitat for Humanity 1100 West Main,#100 Ecumenical housing ministry that seeks to eliminate substandard housing. cchfh.org 360-7868

Mission Norman Housing for homeless families with children. Call for application 321-8880

Norman Housing Authority 700 N. Berry Rd normanok.gov/city/norman-housing-authority Housing/rental assist. for low-inc. families, handicapped/elderly 329-0933

Salvation Army 318 E Hayes As space permits (14 day limit every 45 days) Valid ID, check-in @4;30- 6, 1 bag limit 364-9910

Thunderbird Clubhouse 1251 Triad Village Dr. Clubhouse for adults recovering from mental illness 321-7331

Transition House thouse.org 700 Asp Ave. #2 Transitional living program for adults with mental illness  360-7926

Women's Resource Center confidential wrcnormanok.org If in danger or need to talk: Rape Crisis Hotline: 701-5540 364-9424

Women’s Sanctuary Day Shelter 425 Tonhawa M-F, 8:30-4:00 Showers, laundry, computer, children play area, help with ID and GED 701-8248

**TRANSPORTATION**

Cars Main. Ministry at Crosspoint Church 2601 SE 24th 2nd/4th Saturdays (You provide/pay for parts) Contact Tim for more info/waiting list. 405-465-4427

Embark bus transportation **Embarkok.com/norman** Free service in Norman: M-F 7-10, Sat. 10-7 Closed Sun and major holidays **235**-**RIDE (7433)**

**\*EMBARK Plus** (Curb to Curb transit for elderly/disabled) If you have TTY service, dial 711 or call **325-5438** to reserve. Must book 1-7 days in advance.

First Baptist Church (Bicycles) 211 W Comanche Cleveland Co. residents. Photo ID required (Call for appointment) 321-1753

Kiwanis Cruiser (Aging Serv.) 1179 E Main 60 & up and/or (disabled 18 & up) donation (Runs 8:30 – 3:45 M-F) Walmart (Wed.) 24 hr reserv. 321-3200

Lifespringnorman.com 600 W. Tecumseh 1st Sat. 10:00-11:00 am (Limited amount of $15 gas cards) Pic ID required

McFarlin U.M.C. 419 S. University Call between 2 and 4 on Tues. and Thursdays for info on bus passes to OKC 321-3484

Mission Norman Gas vouchers for Dr. apt or job interview only, ID /appointment verification required 321-8880

**Sooner Ride** (Medicaid # required) Call from 7-8:00pm M-F. with complete address/phone, Must reserve 3 days ahead 1-877-404-4500

 Can reserve online at: **member.logisticare.com** for medical appointments (documentation required)