

Healthier at Home Initiative to Reboot Norman

Purpose

The initial “Stay at Home” Proclamation was designed to flatten the curve to ensure local healthcare resources would not become overwhelmed by those infected with the Coronavirus and to ensure adequate Personal Protective Equipment (PPE) remained available to equip medical personnel and first responders. It was never envisioned that such a proclamation would eliminate any and all risk to every Norman resident, but to minimize the risk to those most vulnerable in our community and preserve medical resources.

Since the initial proclamation was enacted, several positive actions and outcomes have been recognized. To date, local healthcare resources are operating with capacity available to handle any sudden surges identified in the City of Norman. The delivery of PPE has caught up to the ongoing demand. The State Department of Health has ramped up its “Contact Tracing” capabilities to be able to contact every person who encounters someone who tests positive for COVID-19. Additional testing capacity now allows for all those persons who have come in contact with a person who tests positive for COVID-19 to be tested, with results available within 6 hours.

These realities help set the stage for “Reboot Norman!” The Reboot will be rolled out in three phases, largely in line with the criteria identified in the Governor’s “Open Up and Recover Safely” directive. Ongoing monitoring of the supply of PPE’s, hospital capacity, new case number surges, and contact tracing capacity to allow for a targeted response to hot-spots and flare-ups during the rollout of each of the three phases will continue for the next several weeks. Phase progression is based on the gating criteria defined herein. If such criteria are not met, implementation of the next phase may be delayed. Additionally, if there are indicators that the plan is not working, i.e. there is a failure to substantially maintain gating criteria during any given phase, phasing may be adjusted to address current concerns.

Definitions

“Gating criteria” refers to the following conditions that must be met prior to moving from one phase to another:

- a. Downward trajectory of the three day rolling average of new confirmed positive cases of COVID-19 in Norman;
- b. Hospital bed availability in Norman of at least 50;
- c. Adequate COVID-19 test kits are available to test symptomatic residents and those who have been in contact with someone who has tested positive for COVID-19; and
- d. A system for contact tracing has been implemented by the State or County to ensure outbreaks can be readily controlled and limited.

“Sanitation protocols” refers to the guidance released by the CDC (<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility-H.pdf>)

as well as any guidance specific to a particular industry on the Oklahoma Department of Commerce website (<https://www.okcommerce.gov/covid19/ours-plan/>)

“Social distancing requirements” refers to the maintenance of at least a 6-foot minimum social distancing from other individuals, washing hands with soap and water for at least 20 seconds as frequently as possible or using hand sanitizer, regularly cleaning high-touch surfaces, and not shaking hands.

“Protective measures for retail businesses” includes the following measures to ensure social distancing requirements are complied with and the risk of transmission of the coronavirus is reduced to the maximum extent possible:

- a. With tape or floor decals, mark 6-foot spacing in areas where customers might congregate, such as checkout lines or sales areas, and provide signage direction for one-way traffic in shopping aisles;
- b. Limit the number of persons in your store based on the square footage, as set forth more specifically in each Phase herein;
- c. Mark 6-foot spacing in areas outside of the store where customers may line up for entry;
- d. Provide face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth and other protective gear for employees.

Preparation for Phase 1A

As we prepare for Phase 1A, with an anticipated activation date of May 1, 2020, preparation for the following should commence:

Employers shall:

- Develop and implement appropriate policies regarding social distancing and Personal Protective Equipment (PPE), temperature checks for employees before the start of work, sanitation, use of disinfection of common areas and business travel.
- Monitor workforce for indicative symptoms and ensure symptomatic people do NOT return to work until cleared by medical personnel.
- Develop and implement policies and procedures for workforce contact tracking following employee COVID-19 testing.

Community Members shall:

- Continue to adhere to State and local guidance as well as complementary CDC guidance.
- Continue to wear face coverings, masks, scarfs, or other materials over the nose and mouth while outside the home.
- Wash hands often, with soap and water.
- Avoid touching the face.
- Disinfect frequently used items and surfaces as much as possible.
- Stay home and contact your healthcare provider if you feel sick.

Once all of the above are satisfied, move to Phase 1A.

Phase 1A

Goal of May 1, 2020

Individuals should:

- Continue following the Governor's safer-at-home guidelines if they are over 65 or part of a vulnerable population.
- Continue to wear face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth while outside the home.
- Maximize physical distance from others when in public (e.g., parks, outdoor recreation areas, shopping areas).
- Limit social gatherings to groups of 10 people or less.
- Minimize non-essential travel and adhere to CDC guidelines and Executive Orders regarding isolation following travel.

Employers should:

- Continue to encourage telework whenever possible.
- Create plans to allow employees to return to work in phases.
- Close common areas or enforce social distancing requirements in breakrooms, etc.
- Minimize non-essential travel and adhere to CDC guidelines and State Executive Orders regarding isolation following travel.
- Strongly consider special accommodations for personnel who are members of the vulnerable population.
- Provide face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth and other protective gear for employees who are interacting with the public.
- Follow sanitation protocols.

Specific Employer guidance:

- **Schools and organized youth activities** that are currently closed should remain closed until further notice.
- **Visits to Senior Living Facilities and Hospitals** are prohibited
- **Dining areas of restaurants** can open by reservation only, provided the seating arrangements meet social distancing requirements between dining groups, all staff are provided face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth and sanitation protocols are followed.
- **Retail stores** can open provided protective measures for retail businesses are followed and overall store capacity at any given time is limited to 35% of the store's maximum capacity that has previously been determined by the fire marshal in the store at any given time.
- **Gyms** can reopen if they adhere to social distancing requirements and sanitation protocols. (Note: this does not include childcare provided at gyms).

- **Golf courses, tennis courts, pickleball courts, baseball/softball fields, and soccer goals may open.** Organized practices for outdoor youth sports programs cannot begin in Phase 1A.
- **Music lessons, physical training, etc.** that are operated on a one-on-one basis can begin provided social distancing requirements are met and masks are worn by participants if feasible.
- **Pet grooming** operation can open for appointments only if they meet social distancing requirements.
- **Bars** should remain closed.
- **Dentists and optometrists** can remain open provided masks are worn where feasible, and sanitation protocols are followed.

Best practices for special industries:

- **Manufacturing, Utilities and Mining:** To the extent possible, promote staggered shifts of workers and flexible work hours; review leave policies and implement non-punitive sick leave that would allow sick workers to remain home if they are sick. Encourage disinfecting of work site after shifts if appropriate. Allow supplies and transportation companies to deliver supplies before/after normal business times if possible.
- **Transportation, Distribution and Wholesale Industries:** To the extent possible, promote staggered shifts of workers and flexible work hours, review leave policies and implement non-punitive sick leave that would allow sick workers to remain home if they are sick. Encourage disinfecting of work equipment after shifts. Encourage on-line interaction with customers.
- **Professional and Administrative Service Industries:** To the extent possible, allow workers to telework or provide flexible worksite locations. For companies/industries that are unable to allow workers to work remotely, review leave policies and implement non-punitive sick leave that would allow sick workers to remain home if they are sick.

Once all the above are satisfied, move to Phase 1B.

Phase 1B
Goal of May 15, 2020

If it can be shown, after 14 days, that the gating criteria have been met, Phase 1B will be implemented:

Individuals should:

- Continue following safer-at-home guidelines if they are over 65 or part of a vulnerable population.

- Continue to wear face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth while outside the home.
- Maximize physical distance from others when in public.
- Avoid socializing in groups of more than 10 people.

Employers should:

- Continue to encourage telework whenever possible.
- Close common areas or enforce social distancing protocols in breakrooms, etc.
- Strongly consider special accommodations for personnel who are members of the vulnerable population.
- Provide face covering, masks, scarf, or other materials that can be worn over the nose and mouth for employees who are interacting with the public.
- Continue following sanitation protocols.

Specific Employer guidance:

- **Places of worship** may operate provided the Employer Guidance for Oklahoma’s Open Up and Recover Safely Plan for places of worship are followed.
- **Personal care providers**, such as hair salons, nail salons, and tanning salons can open by appointment only, provided social distancing requirements are met, masks are provided for staff, and sanitation protocols are followed. Personal care providers do not include massage parlors or tattoo parlors.
- **Retail stores** can open provided protective measures for retail businesses are followed and overall store capacity at any given time is limited to 50% of the store’s maximum capacity that has previously been determined by the fire marshal in the store at any given time.
- **Organized youth sports** that are currently closed can begin practicing.
- **Playgrounds and basketball courts** can open.
- **Visits to Senior Living Facilities and Hospitals** should be prohibited.
- **Bars** should remain closed.

Once all the above are satisfied, move to Phase 2.

Phase 2
Goal of May 29, 2020

If it can be shown, after 14 days, that the gating criteria have been met, Phase 2 will be implemented:

Individuals should:

- Continue following safer-at-home guidelines if they are over 65 or part of a vulnerable population.

- Continue to wear face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth while outside the home. .
- Maximize physical distance from others when in public.
- Avoid socializing in groups of more than 25 people.

Employers should:

- Continue to encourage telework whenever possible.
- Close common areas or enforce social distancing requirements in breakrooms, etc.
- Provide face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth for employees who are interacting with the public.
- Strongly consider special accommodations for personnel who are members of the vulnerable population.
- Continue following sanitation protocols.

Specific Employer guidance:

- **Entertainment venues** (e.g., movie theaters, bowling alleys, sporting venues, etc.) can operate provided social distancing requirements are met and protective measures for retail businesses are followed, and overall venue capacity at any given time is limited to 50% of the venue's maximum capacity that has previously been determined by the fire marshal.
- **Community pools** can open provided sanitation protocols are followed and overall capacity at any given time is limited to 50% of the maximum capacity that has previously been determined by the appropriate regulatory authority.
- **Retail stores** can open provided protective measures for retail businesses are followed and overall store capacity at any given time is limited to 75% of the store's maximum capacity that has previously been determined by the fire marshal in the store at any given time.
- **Massage parlors and tattoo parlors** can open by appointment only provided protective measures for retail businesses and sanitation protocols are followed.
- **Gyms** that under normal operations are unable to comply with social distancing requirements may open provided employees wear face coverings, masks, scarfs, or other materials that can be worn over the nose and mouth and group size is limited to the maximum extent possible.
- **Summer camps** can open provided sanitation protocols are followed and employees wear masks.
- **Bars** can open provided sanitation protocols are met, standing room only areas are limited by 50%, and employees are provided masks.

Phase 3

Goal of June 12, 2020

If it can be shown, after 14 days, that the gating criteria have been met, Phase 3 will be implemented:

Individuals should:

- Vulnerable individuals can resume public interactions, but should practice physical distancing, minimizing exposure to social settings where distancing may not be practical, unless precautionary measures are observed.
- Avoid socializing in groups of more than 50 people.
- Consider wearing face coverings, masks, scarfs or other materials that can be worn over the nose and mouth when practicable, especially in areas with people in close quarters.

Employers should:

- Resume unrestricted staffing of worksites.
- Close common areas or enforce social distancing requirements in breakrooms, etc.
- Provide face coverings, masks, scarfs or other materials that can be worn over the nose and mouth for employees who are interacting with the public.
- Continue following sanitation protocols and provide masks for employees who interact with the public.

Specific Employer guidance:

- **Dining areas of restaurants** can open without reservations, provided all staff are provided masks to wear and sanitation protocols are followed.
- **Visits to Senior Living Facilities and Hospitals** can resume. Those who interact with residents and patients must be diligent regarding hygiene, practice social distancing, submit to their temperature to be taken upon entry and wear masks, as requested.
- **Entertainment venues** (e.g., movie theaters, bowling alleys, sporting venues, etc.) can operate provided social distancing requirements are met to the maximum extent practicable, protective measures for retail businesses are followed, and overall venue capacity at any given time is limited to 75% of the venue's maximum capacity that has previously been determined by the fire marshal.
- **Organized youth sports** can begin playing games provided family spectator groups follow social distancing requirements.
- **Bars** can open provided sanitation protocols are met, standing room only areas are limited by 35%, and employees are provided masks.
- **Retail stores** can open at full capacity provided protective measures for retail businesses are followed.

Additional phases or guidance may be implemented if gating criteria are met after at least 14 days in Phase 3 depending on local data and public health information available at the time.